

REGISTRATION FORM:

Name: _____

Address:

City: _____

Zip: _____

Phone#: _____

**PLEASE CIRCLE ONE: OT,
COTA, PT, PTA**

Space is limited, please register early.

TUITION: \$450.00 before February
25th, 2009, 475.00 after that date

Please make checks payable and mail
to:

South Florida Rehabilitation
Consultants, Inc.

9055 SW 87 Ave. Suite 312 Miami, FL.
33176

For your convenience you may also
register using Visa or MasterCard by
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www.floridarehab.net

13 CEH's for OT's/ 15 CEH's for PT's
applied for in the State of Florida

South Florida Rehabilitation Consultants, Inc.
9055 SW 87 Ave. Suite 312
Miami, Florida 33176

BREAST CANCER

REHABILITATION

PRESENTED BY:

South Florida Rehabilitation
Consultants, Inc.

And

BAPTIST HOSPITAL OF MIAMI

DATE: March28-29,2009

FOR INFORMATION CALL:

Phone: 305-412-9099

Fax: 305-412-9098

INSTRUCTOR:

Nancy Roberge, PT, DPT, M Ed.. Dr. Roberge's professional focus is on getting therapy into the critical pathway of the patient with breast cancer. She has specialized in the care of women and men after breast cancer treatment since 1993. Her practice focuses on this patient population. She lectures locally to therapy programs to educate, excite and motivate students to consider the therapy needs of the breast cancer patient. She also lectures to Radiation Oncology nurses and doctors, breast surgeons and support groups, health clubs, hospital PT/OT departments and the Wellness community on the need for and the benefits of therapy intervention in the patient with breast cancer. A driving force of her practice is to educate the breast cancer patient in the prevention of lymphedema might be reduced. Nancy is educated in the LeDuc and Upledger methods of manual lymphatic drainage and has taken numerous APTA oncology courses. She is a member of the Women's Health, Oncology, Geriatric and Health Policy and Administration sections of the APTA. She is an active APTA member.

Course Location:

Baptist Hospital of Miami -Auditorium
8900 North Kendall Drive Miami, FL
33176 305-596-1960. From the North;
take I-95 to US1 go west on Kendall
Drive. Or take Turnpike: South to
Kendall Drive (88th Street) exit. Exit
East 33 blocks to 89th Avenue first right
entrance to hospital at light. From West;
take I-75 South to Palmetto to North
Kendall Drive and exit west to hospital.
Follow signs to Auditorium, 3rd floor of
the South Building. Free parking
available at the Medical Arts Building
parking garage.

Day One

Schedule

8:00- Registration
8:30- Oncologic Principles and
diagnostic techniques
10:30-Break
10:45- Oncologic Principles and diagnostic
techniques (Continued)
12:00-1:00 LUNCH
1:00- Medical Interventions: Chemotherapy,
radiation and hormonal therapies. Surgical
interventions: breast conserving surgery,
mastectomy, reconstruction options.
Outcomes of medical surgical interventions.
3:00 BREAK
3:15-4:30 Surgical Interventions and
Outcomes (continued).

Day Two

8:00 Registration
8:30 Therapist intervention: At diagnosis, pre-
op, during chemo-therapy, during radio
therapy and post breast cancer treatment
(including common associated musculoskeletal
disorders such as frozen shoulder)
10:30 BREAK
10:45 Lab: Patient Education Lab: Manual
Therapy, Lab: Therapeutic exercises, program
development
12:00-1:00 LUNCH
1:00 Case Histories/ Advocacy Issues for
patients and therapists/ Insurance and coding
issues/ Resources for the therapist focusing
on the patient with breast cancer.
3:00 BREAK
3:15-4:30 Case Histories/ Advocacy Issues
for patients and therapists/ Insurance and
coding issues/ Resources for the therapist and
patient issues (continued).

Course Description: This
intermediate level workshop
combines lecture and lab (manual
therapy and exercise) on the latest
therapist intervention for the patient
with breast cancer from diagnosis to
recovery. Topics include oncologic
principles, diagnosis, treatment and
surgical interventions and outcomes
and program development
(including patient education, manual
therapy techniques, exercise
programs and lymphedema
prevention). The importance of
and need of advocacy efforts on
behalf of this population will be also
be discussed.

Course Objectives:

- 1- Describe techniques used to diagnose, surgically and medically treat breast cancer.
- 2- Assess and treat the outcomes and impairments associated with treatment.
- 3- Discuss effective strategies for preventing lymphedema.
- 4- Develop therapeutic treatment protocols including patient education, manual therapy and exercise program development.
- 5- Plan Therapist intervention in the critical pathway of treatment for the patient with breast cancer.
- 6- Discuss the need for Therapist and patient advocacy in this population.

